

Readings	Liturgy	Intention	Please Pray for
<b>Sunday, May 29</b> <b>The Ascension of the Lord</b> Acts 1.1-11 Ephesians 1.17-23 Luke 24.46-53	Masses 9:00 a.m. 10:30 a.m. 12 noon	Our Parish Community	
<b>Monday, May 30</b> Acts 19.1-8 John 16.29-33	Mass 9:00 a.m.	Mayer Robert	Rev. Tim Theriault
<b>Tuesday, May 31</b> <b>The Visitation of the Blessed Virgin Mary</b> Zephaniah 3.14-18 Luke 1.39-56	Mass 9:00 a.m.	Thanksgiving	Rev. Msgr. Martin Valley
<b>Wednesday, June 1</b> <b>St. Justin</b> Acts 20.28-38 John 17.11b-19	Mass 9:00 a.m.	Fr. Paul Bocher	Barnabite Fathers (C.R.S.P.)
<b>Thursday, June 2</b> <b>Sts. Marcellinus &amp; Peter</b> Acts 22.30; 23.6-11 John 17.20-26	Mass 9:00 a.m.	Thanksgiving	Rev. Paul Patrick, O.M.I.
<b>Friday, June 3</b> <b>St. Charles Lwanga &amp; Companions</b> Acts 24.27; 25.13b-21 John 21.15-19	Mass 9:00 a.m.	Intentions of Fr. Jim Petrie	Rev. Robert Sims
<b>Saturday, June 4</b> Acts 28.16-20,30-31 John 21.20-25	Mass 5:00 p.m.	Jack Hughes Lorenzo Tolentino Mike Brady	Rev. Godwin Pinto, O.C.D

**PARISH OFFICE HOURS**  
**Monday to Friday**  
**9:00 a.m. to 4:30 p.m.**  
*Closed on Weekends and Public Holidays*

*Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.*  
 - Pope Francis, March 2020

**ST. BENEDICT PARISH 5:00 P.M. LIVESTREAMED MASS**



**POPE FRANCIS' PRAYER TO OUR LADY, HEALTH OF THE SICK**

*O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith.*

*You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.*

*We seek refuge under your protection, O Holy Mother of God.*

**The Ascension of the Lord**  
<https://youtu.be/FT8lDd9GgGU>



The Catholic Community of St. Benedict Parish welcomes the following children who were baptized in **May**. We support them with our prayers and ask that their parents nurture them so they can grow up to be faith filled people of God and our Parish Community.

- Alannah Raye Alexander, Charlotte Rose Bell, Alice Liza Dilip, Rosalind Dobrowolski, Freya Alice Soares Kus, Tyler Damian Lino, Mia Giuliana Liriano, Travis Menezes, Francesco Michele Migliazza, Madyline Odion, Jack Ethan Paolini, Adalyn Josephine Seeney-Jordan, Mikayla Grace Shewell, Annabelle Sucheni-Ferrer*



### **VIRTUAL CHILDREN'S LITURGY**

Since we are unable to have Children's Liturgy at this time there will be a **Virtual Children's Liturgy**

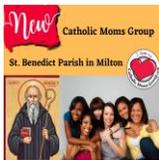
**Classroom** available. There are many "click-able" items in the classroom that open up to the current gospel message and also other resources. Click on the link for more information: [May 29, 2022](#)

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### **MOUNT CARMEL SPIRITUAL CENTRE**

Getting Angry is only the tip of the Iceberg. Anger is a secondary emotion. Understanding the cause of anger is the first step to managing it. This Workshop will identify the causes of anger and explore our own beliefs and patterns of response. Learn how to respond to anger on a day-to-day basis in a healthy, constructive, and creative ways.

**Saturday, June 11, 2022, Led By Anna Racine Cost: \$65 (includes lunch) 9:30am-3:30pm** . Register at 905 356 4113 x4200 **OR** [reservations@carmelniagara.com](mailto:reservations@carmelniagara.com)



### **CATHOLIC MOMS GROUP**

Dear mom, do you want to get some fresh ideas to live a holier vacation time with your family? Come join the Catholic Moms Group! This group provides a great opportunity to pray, learn about how to be a better mom, raise faith-filled children and laugh together with other wonderful Catholic women. This is indeed a great chance to go deeper in your faith life and connect with other incredible Catholic moms. Don't miss it! The group meets **every third Wednesday of the month** from 8 to 9 p.m.

During **June** you can choose:

1. A virtual meeting on June 14<sup>th</sup> from 8 to 9 pm or
2. An in-person meeting on June 15<sup>th</sup> from 8 to 9 pm, at St Benedict Parish.

For any questions, contact Nelcy Lopez at [stbenedictsh@catholicmomsgroup.com](mailto:stbenedictsh@catholicmomsgroup.com). Check out [www.CatholicMomsGroup.com](http://www.CatholicMomsGroup.com) to learn more about this amazing ministry!

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### **CHALLENGE GIRLS**



The girls challenge club through Regnum Christi events is having their annual weekend retreat for girls grades 5 to 8 at Camp Brebeuf. The weekend retreat for the girls is focused on the theme "STRENGTHENED IN THE SPIRIT" and will take place June 03 to June 05 with a closing Mass and Picnic for the whole family. Please see the flyer or website for more details."



### **WEDDING ANNIVERSARY MASS 2022**

The Wedding Anniversary Mass, which would normally have been scheduled for June of 2022, will not occur this year due to the continued concerns around COVID-19. We invite you to register your 25, 40, 50, 60 and 60 plus years of marriage on the Diocesan website at <https://hamiltondiocese.com/> and we will be happy to send you the certificate you would have received from Bishop Crosby at the Mass. The Wedding Anniversary Mass is listed on the home page under Upcoming Events.



### **PARENTING TIP OF THE MONTH**

**Parenting Tip 140:** As the buds begin to sprout and the weather allows us to head outdoors more often, take some time to discuss the importance of God's created world with your children. Point out the connectedness of each of us to nature and our dependence on it to survive. Help them understand that every person is tasked with being a steward of God's world. Explain how we can each participate in caring for nature and remind them that when we each do our part, nature thrives and so do we. From: Family Ministry Office; 905-528-7988 ext. 2250.



### **MARRIAGE TIP OF THE MONTH**

**Marriage Tip 120:** It is true to say that no two people think exactly alike and that is why being married can sometimes be challenging! What makes complete sense to one person, may not make sense to the other; what one likes the other may not; what is funny to one, may be anything but to the other! It is important for married couples to constantly remind themselves that marriage does not mean you are exactly the same. Allow room for differences and don't judge your spouse on your own likes and desires, but instead try to move together to a more neutral place that you can both live with. And sometimes, agree to disagree! Your spouse has many diverse qualities, embrace them when you can and work to negotiate when you can't, so love will flourish and provide a strong foundation for all of it! From: Family Ministry Office, 905-528-7988 ext. 2250.

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### **SOCIETY OF ST. VINCENT DE PAUL**



On the weekend of **May 28/29** the Saint Vincent de Paul Society will be at the doors after Mass to accept your donations. Your generosity is most appreciated, and we thank you on behalf of the society and the needy of our community. Our conference is also always looking for new members. if you are interested, please contact [ssvp.stbenedictsconference@gmail.com](mailto:ssvp.stbenedictsconference@gmail.com)